

## Proposed Outings Guide implementation

### **Level One** - 6 months to complete: Level One

LNT Awareness Workshop (online, asynchronous, 30-40 minutes)

Sexual harassment training (online, asynchronous, 30-40 minutes) (**Annual training**)

### **Level Two** - 18 months to complete: Level Two (Level One plus...)

Outdoor Leadership 101

Map and Compass Fundamentals

Basic First Aid

### **Level Three** - 18 months to complete: Level Three (Level Two plus...)

Wilderness First Aid

Leave No Trace Trainer

### **Suggested training schedule:**

This spring, Education staff piloted a volunteer symposium weekend training with all needed trainings for various volunteer positions. It was highly successful.

We propose offering a weekend this fall with all of the outings guide in-house trainings offered (meaning: Map and Compass, Basic First Aid, Outdoor Leadership 101, Leave No Trace training) on **November 17-19<sup>th</sup>, 2023**. If successful, this would be offered again in the spring.

ADK staff can offer 4 additional Map and Compass Fundamentals and Outdoor Leadership 101 courses specifically for outdoor leaders. These can be offered online or in person (perhaps 2 online and 2 in-person) over the course of the year. These courses would be run at no cost to participants. If the participants are unable to sign up for these particular courses, they can sign up for the open enrollment Map and Compass and Outdoor Leadership courses that are offered frequently throughout the year (but would need to have their chapter reimburse them for the course cost.) **See this schedule here:**

<https://adk.org/skills-workshops/>

American Red Cross First Aid and CPR—there is an online training (asynchronous) that costs \$37. Chapters can budget for reimbursement to all outings leaders.

We also have an instructor at Heart Lake who can offer these courses. We would charge nothing except the \$25 cost for the certification. (American Heart Association) (We would offer 3 of these in 2024, 2 likely tied to Outings Guide training weekends.)

### **Wilderness First Aid:**

These courses are offered regularly throughout the state and the region. Here are places to check for local trainings:

<https://adk.org/skills-workshops/>

<https://www.wildmed.com/wilderness-medicine-search-rescue-training-schedule/>

<https://wildsafe.org/courses/wilderness-medicine/wilderness-first-aid/>

If the chapter has enough demand, we can be the connection with instructors and help set it up locally.

ADK Education can offer 1-2 additional courses in 2024. (Chapter reimburse participants.)

### **Leave No Trace Trainer:**

These courses are offered both by ADK staff and by other organizations and entities. We will offer two of these (fall and spring) as part of training weekends. We can also offer an additional trainer course if needed. We are also investigating the new online trainer course to find out if we can offer it.

Here are places to look for additional courses:

<https://lnt.org/event/?event-category=trainer-courses>