



Foot – Loose!

Newsletter of the Susquehanna Chapter of the Adirondack Mountain Club (ADK), published quarterly – January, April, July, and October

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October 2010

RIDDELL PARK TRAIL TO WATERFALLS AND MUD LAKE NOW MARKED AND SIGNED

Nick DiBartolomeo, in completing his Eagle Scout project, has finished marking the trail to Mud Lake and the side trail to the waterfall. (Do the falls have a name?) In mid-August, Nick, his father, Kevin, his grandfather, a friend,



Nick DiBartolomeo

and I gathered along route 58 just off exit 17 to start work on the trail that goes up the hillside. There were eight 4x4 wooden posts, donated by Pickett Building and Munson's Building, that Nick had stained with State regulation brown. The signs were made by state workers in Syracuse, using a router to carve out the letters. Nick, with help, painted white enamel into the letter grooves, cut the arrows in the appropriate direction, and in the last step attached the signs to the posts. The signs are beautiful!! The state also supplied the bright orange discs to fasten onto trees

to mark the trail.

If you have ever tried to dig into the hillside soil around our area, you know that a shovel is woefully inadequate. Luckily I brought along an iron pry bar, a pickax with one wedge edge, and a hammer. The hole post digger alone could not do the job. The hammer was all that was needed to the disks on the trees. Placing the posts, however, was a big job. Although a truck got the heavy five-foot posts to a place on the trail somewhat below the waterfall cutoff, most had to be carried, along with all the tools, to the various places along the trail where a directional sign was needed. The post hole had to be excavated much wider than 4x4, as two cross bars went at right angles through the base of the post so that it could not be easily pulled up once covered by replaced soil. Any rocks that came out of the hole were wedged around the base. It took several days of work by Nick, his family, and several friends, before all the posts had been firmly placed into the ground.



Julie Smith and I took a hike to check out the new signs. The photo shows the first sign, the green State Park sign in the background, and me with some tools. We walked along noting that the orange markers were well placed and visible. There are a few spots where an old logging road or another path diverges from the trail to Mud Lake, and at these junctions Nick had placed a directional sign. I had never been to the falls before working on



the trail as I was never certain where to go. The side trail is now clearly marked and winds down somewhat to a viewing spot above the waterfalls. On the day we were there, a good flow of water was falling over the rocks and down the brook.

Beyond the falls and toward the top of the hill is another junction where it is easy to walk straight ahead instead of bearing to the right. The photo shows



Julie looking at the clearly marked

sign. Nick continued with orange trail markers almost as far as the water around Mud Lake. Ed Winslow, just-retired manager of the local parks, said not to go any farther. We think that there should be a walkway of sorts so that visitors to the bog do not trample the vegetation. (Another Eagle Scout project?)

Nick graduated from Oneonta High School this past June and is now attending SUNY Institute of Technology in Utica, where he is majoring in computer science. Before he receives his award, the local Eagle Board of Review will go over his project and application. All this must then be sent to the National Boy Scout office, where they will give a yes

or no. If all goes well, Nick will be awarded the Eagle Scout Badge, perhaps in January next year.

All who hike this very lovely forested trail will now feel at ease without concern for taking the wrong path. We in the Susquehanna Chapter of ADK extend our thanks to you, Nick, and to your helpers, for a job well done.

Aleda Koehn

Art treasure makes an appearance

A new piece of artwork will soon hang on the walls of the Loj for all members to enjoy. It is a pen-and-ink drawing of the original version of the Loj, built back in the 1890's by Henry Van Hoevenberg. In 1893, famed Adirondack photographer Seneca Ray Stoddard captured a fine view of the three-story building. Stoddard's photo then became the basis for the ink drawing, done by another Adirondack artist. For years, the drawing was owned by the Swain

family, but Bill and Molly Swain generously decided to donate the art to ADK. It became the Susquehanna Chapter's donation to ADK's main fundraiser, the Black Fly Affair, and was auctioned off this past autumn. In another act of generosity, the ADK member who purchased it plans to donate it back to ADK, to go on display at the Loj. Look for it there on your next visit!



ADIRONDACK LODGE

A Kid Again at Camp

Between the end of the Delaware County Fair and the beginning of the New York State Fair, August 26-29, 2010, 4-H Camp Shankitunk became the site for the 4C Camp (Camping to Create Caring Communities) for adults. We experienced three days of good food, great programs, campfires, fun activities, learning opportunities, and fellowship. Camp Shankitunk is located on 145 acres of county-owned land along the west branch of the Delaware River between Delancy & Delhi. The main campground is a large open meadow surrounded by naturally wooded hillsides. Campers are housed in cabins spaced among the trees and along the meadow's edge.

This event is made possible in part by funding from the New York State Council on the Arts' Decentralization Program, administered in Delaware County by the Roxbury Arts Group, Cornell Cooperative Extension, and the Delaware County Office for the Aging.

Several ADK members participated, not only as campers, but also as instructors in various workshops throughout the weekend. Steve Bonnell and Linda Melchionne attended one day while Steve provided a workshop on "Surviving Until You Are Found" twice during the day. Muffy McDowell and Harry Barnes taught a workshop on "Gourd Art" and Harry also provided workshops in "Introduction to Map and Compass" and "Wild Edible and Poisonous Plants." I met Alan Gutman, ADK member from Endicott, during lunch one day. A delightful 90-year-old lady taught me "Pine Needle Weaving."

Other workshops included: Learning to Feel Your Own Energy – Qigong, Folk Art Painting, Tai Chi, Canning – So Easy

To Preserve, Learn to Crochet, Finding Yourself in the Rhythm of the Drum, Ignite Your Imagination with Mandala Art Images, Scottish Country Dancing, Campfire Cooking, Archery – Basics and Marksmanship, Introduction to Jewelry Making, Iroquois Confederacy – Origins & History, Introduction to Radio Controlled Airplanes, Bread Making as a Metaphor For Life, Fly Casting, Freezer Jam, Walking the Labyrinth As a Creative Journey, Air Rifle, and Square Dancing Class. On Friday evening, we participated in a Drum Circle around the campfire, and on Saturday evening we enjoyed Square Dancing.

We integrated clan exercises so as to notch this experience up from just recreation and amusement to civic engagement and community building. For example, the fire clan gathered wood, set up the fire circle, and maintained fires during the weekend.

I feel like a kid who just returned from camp with all my crafts. For the first time ever, and in only two hours, I completed a folk art painting. The gourd art workshop, which I attended, was an awesome experience with fun results. Another two hours provided me with the beginning of a pine-needle basket (which I used to top my gourd art). I also came home with four pints of freezer jam.

Camp is not just a weekend in the woods. It is what happens to campers, what they take home in their memories, in their new purposes, in their improved and newly acquired skills, in their friendships, in their appreciation of nature and out-of-doors. It was a wonderful weekend and I encourage all ADK members to experience this by attending camp next August 2011.

Moira Beach

Welcome New & Rejoining ADKers

Jack and Jan Ewen, 278 Southside Dr., Oneonta, NY 13820 432-1269
Judy Boest 13242 Thorville Lane, Houston, TX 77070 321-501-3585
Carl and Kathryn Delberta, 173 Co. Hwy. 9, Oneonta, NY 13820, Rejoining

Otsego Land Trust Picnic Event

Several ADK members attended the first annual Land Trust picnic and awards ceremony held at the Thayer Farm property off of route 80 just south of Glimmerslass Opera . I had never been to this property before and was so impressed by the land, the fields, the red farm buildings, and the view down over Otsego Lake. The property is part of SUCO's Biological Field Station. The director is Bill Harmon, the Rufus J. Thayer Chair for Otsego Lake Research. The day was partly sunny, but with quite a wind. Several short hikes were led by Land Trust people through the pine forest to the pond. At noon a group of about 200 visitors gathered under a large tent for a catered picnic of

barbecued chicken, ribs, salads, and apple pie and ice cream. Various awards were given at the end of the meal. Since it was still early afternoon, and to walk off a few calories, three of us set out through the woods and across some fields to the edge of a forest. Here we saw a large steel tank and nearby in the woods, many plastic lines attached to immense old sugar maples. Some of the land is used by farmers for maple syrup production and also for hay. The fields were full of goldenrod with a spattering of New England asters – a wonderful fall day. We may do a Tuesday hike here in November.

Aleda Koehn

Welcome to our new Trails Chairs – Melanie and Joe Castine.

Melanie and Joe hail from New York City. They got interested in trail maintenance in the Hudson Valley while living in New York and were responsible for a 5-mile section of trail in the Hudson Highlands, keeping it clear for 8 years.

After many months living in their small camper, traveling the eastern seaboard, they chose Oneonta as a “sort of” retirement home. “Sort of” since Joe still has his hand on the plow, teaching language at Hartwick College.

The Castines have visited Arnold Lake State Forest and have signed up as stewards of the Wilson Pond trail in our adopted Blue Ridge Wilderness Area.

Melanie and Joe launch their new career on November 23, at Arnold Lake, so all you waggle-walkers sharpen up the pruners.



Nominating Committee Appointed

A nominating committee has been appointed, according to our by-laws, to develop and report a slate of officers for the two year term that begins in January of 2011. The slate will be presented at the November meeting and will be published in the January *Foot-Loose*. Voting will take place at the January

Annual Chapter Meeting. The elected positions are Chair, Vice-chair, and Secretary. The other officers are appointed by the chair. The nominating committee members are Norma Lee Havens, Ruth Schaeffer, and Julie Smith.

ADK Canoe Outing: July 19-30

Three Susquehanna members attended the main club canoe outing in and around the St Regis Canoe Wilderness just north of Saranac Lake. There are two six-day options or you can choose



to stay the entire time. A few chapter friends had gone in the past

and have always had a good time, so I decided to sign up for this summer. About 150 Adkers from all over attended this year. We stayed in a dorm on the beautiful campus of Paul Smith's College and had meals in the college dining hall. The week presents a great opportunity to canoe/kayak many different rivers, streams and lakes in this very lovely section of NYS. As I looked around at the various types of boats, most were single-person canoes or kayaks -- Hornbecks, Spitfires, and many other brands of craft. The lightweight canoes were great when we had to portage. My favorite trips were those where we paddled in narrow streams winding through woodlands until opening into a larger pond.

After "Happy Hour" and dinner, we met to report on the day's trips and to choose the trip and leader(s) that we would join the following morning.

Next July will be the 29th summer for the canoe outing. Marilyn Gillespie has been the organizer for the past ten years. For more information about next year and a great slide show of the places paddled, go to adk.org. Go to Recreation and click on Outings, then click Canoe Outing. Enjoy the photos and think about next summer.

Aleda Koehn

Summer 2010 Trip Reports

Arnold Lake State Forest Hike

Tuesday, June 8, 2010. Beginning and ending at the Milford Nordic Ski Parking area, 24 ADKers enjoyed walking 3 miles through the sweet-smelling woods of Arnold Lake State Forest. The day was cool and most participants found comfort wearing jackets during the first descending mile. Most hikers, however, had their jackets tied to their waist during the steep final ascent. Near the finish a light rain spurred hikers to quicken their pace and discouraged them from eating lunches in the parking lot.

Currie Marr

Milford Seasonal Road Walk

Tuesday, June 15, 2010. Twenty-one hikers walked a seasonal road in Milford on June 15th. It was a beautiful sunny morning and by starting at 9:00 am we were done at 11:00 am and avoided the mid-day heat. There were a lot of hills so there was a car at the bottom for those who didn't want to walk back up. Every seemed to have a good time as usual. Co-leaders were

Fran Darrah, Bev Hensle and Maureen Willis

Canadarago Lake Water Event

Tuesday, June 22, 2010. The day dawned very nice with some sun and a good south wind on Canadarago Lake. 25 Members plus 4 guests participated. All met at the outlet bridge on Rt. 22, Schuyler Lake. Some had the opportunity to chat on the bridge with three students working with the NYS Department of Fish and Wildlife who do monitoring of the lake and its tributaries. All watched as eight kayaks and one canoe put in at the outlet and enjoyed the pretty paddle to the mouth of the lake. At that point one kayak returned and the remaining eight hardy souls "went the distance" to the Peters' home paddling another 1 ½ hours to take out. The south winds were mild and favorable to the paddlers.

The remaining participants drove to the Peters' home and took a very pleasant hike of about an hour walking on a private road and on to Moyer Road in the Town of Richfield, along the lake



Photo by Doug & Scott Fielder

and Oconquis Creek, one of the feeder streams that enter Canadarago Lake. Flowers observed on the nice cool walk were Moneywort, Canada Lily, Canada Anemone and Cow Parsnip.

All gathered shortly after noon. One enjoyed swimming, some toured the Peters' home and all enjoyed their lunch on the shore overlooking the Lake with yummy (so they said) desserts and beverages provided by the hostess. Scheduling a lake water event has its hazards weatherwise, but good ADK luck prevailed. A really lovely day ended and all got home shortly before the heavens opened up to a heavy rainstorm.

Irvin & Monica Peters

Hike to Collier's Dam

Tuesday, June 29, 2010. On a beautiful summer morning, 23 participants set out from our house to hike to the Collier's Dam.



Photo by Doug Fielder

Some of us went down the steep, rocky trail that goes to the base of the dam. The previous week, four of us went to check and clear the trails. Near the dam we encountered numerous empty, and some full, water bottles that had been provided for the racers in the Canoe Regatta. On hike day we went prepared with bags for clean-up. We picked up not only the water bottles but also cans and other trash along the way. A total of 57 bottles and cans were collected.

Linda Pearce

Garrattsville Hike

Tuesday, July 6, 2010. Twelve intrepid hikers defied 90-degree temperatures to tramp over diverse terrain at Garrattsville, just off route 16. Keith Bott, virtual leader, son-in-law of the ADK leader, started us off at a small pond and guided us over a mowed path beside a bog which fed the pond. We passed through a fallen tree area, an old apple orchard, and a conifer area. Leaving the clearing, the trail led through a woodsy section of hardwoods, old stone walls, and across a small creek (also part of the water shed).

Connie Reed

Mt. Otsego Hike

Tuesday, July 13, 2010. There were 22 of us who gathered to hike at Mt. Otsego in Pierstown on a beautiful Tuesday morning. This was made possible by The Otsego Land Trust and land owner Susan Birdsall. Before the hike we were given a brief



Ascending the ski slope

history of the ski slope by Barbara Mulhern, whose father was instrumental in its beginning back in 1938. We were led on our hike up the ski slope and through a beautiful wooded area by Connie Tedesco and Peter Hujik from the Land Trust.

Bev Hensle

YMCA Day Camp in West Laurens

Wednesday, July 21, 2010. Fifteen members and six guests attended a picnic and short hike on July 21st at the former YMCA Day Camp in West Laurens, hosted by the new owners, Scott and Joyce Beach (Moir's family). Although a small group, we enjoyed a meal and celebrated the 70th birthday of Doug Fielder. After the picnic, several people hiked around the pond and Erika even went swimming. Steve Bonnell's daughter, Mary, shared memories she had of being a camp counselor in the Nature Center at the Y camp a few years ago. *Moir Beach*

Hike on Winney Hill Ridge

Tuesday, August 10, 2010. We wandered up, down and around Winney Hill Ridge, where we came across a few surprises. As we walked past Fred and Ginger Volpe's place on the Gas Line, mouths dropped open as people spied a zebra hanging around with a horse by the fence. It seemed friendly and interested in our group of fourteen people. It followed us down the hill as far as it could go. We also saw the spectacular view from the highest point on the hill. There was a beautiful summer flower garden as well. The walk was about three miles plus in a circle back to our house through the woods. *Rita Salo*

Decatur Hills Hike

Tuesday, August 24, 2010. Because of wet, slippery fields due to Monday's rain, the hike was changed to follow a scenic route in the Decatur hills. The selected road went alongside cornfields and through woody areas. The vistas of ponds and distant hills were magnificent. Fifteen Tuesday hikers enjoyed a mostly dry and cool outing followed by an ice-cream treat at the Gyoris' ramshackle farm. *Gerda Gyori*

Milford State Forest Hike

Tuesday, August 31, 2010. Eighteen participants enjoyed a sunny, warm walk (87 F) on the well-maintained trails of Milford State Forest. The trail skirted a picturesque pond situated on one side of "State Lands Road" and then followed a loop-path on the opposite side of the seasonal road. The vigorous growth of young trees denoted clear evidence of the forest recovery since the tornado of 1998. *Currie Marr*

Hartwick State Forest

Tuesday, September 7, 2010. Twenty-five hikers met at the Biological Field Station barn on Zachow Road in the Town of Burlington for a relatively short but lovely hike on a new trail on Greenwoods Conservancy lands led by Irv Peters.



Photo by Currie Marr

The hikers started to the east of the 2500-acre Conservancy property passing many ponds and vernal pools and met Monica Peters at the intersection of Zachow Road for a gorp snack; then proceeded onto the red trail and on to the shelter, with a brief side trip to view Cranberry Bog and a return to the parking area, where most consumed their lunches. It was really warm, and all agreed that 2 to 2 1/2 miles was enough for the day. On our return Dr. Earle Peterson (the grantor of the Trust lands) met us and shared a good story about transient beavers that all who heard it enjoyed.

The group welcomed prospective newcomer Nancy Brown, from Richfield Springs. Also hiking with the group was Lisa Miller, who talked with several members to gain information for an article she will be writing for *Upstate Life* magazine, which is published by the *Daily Star* and can be seen on the *Star's* website. Lisa indicated she really enjoyed the hike and got a lot of good input about the Club and our activities and also about the Adirondack Alpiners hiking club that Monica and Irv Peters are members of. It was a lovely day enjoyed by all.

Monica Peters

Summer 2010 Meeting Reviews

June 16. Members and guests enjoyed the annual picnic at Gilbert Lake State Park's Briggs Pavilion.

July 21. Picnic at the former YMCA Day Camp, West Laurens. (See report above.)

August 17. We swam, paddled, conversed, and ate at Wiggins' Crumhorn Lake camp.

September 15. We returned to our monthly meeting format at Elm Park United Methodist Church, with a 6 p.m. potluck dinner followed by 7 p.m. program. Barb and Bill Harmon presented "Hiking the John Muir Trail: 19 Days, 226 Miles, a Thru Hike in the California High Sierras from Yosemite Park to Mt. Whitney." Breathtaking photos illustrated a formidable hike.

Annual Winter Trip to Adirondack Loj Jan 31 (Monday) to Feb 2 (Wednesday), 2011

Another chance for a great time at the Adirondack Loj. Join Susquehanna Chapter members and friends for three days of skiing, snowshoeing, walking, or just relaxing around the stone fireplace in the Great Room. I have reserved two private rooms (\$159 per night for two people in the room) and 10 beds in the

Loft (\$54 per person). The bed price includes breakfast. Dinner costs \$18.50. I need to have your reservation by Nov 30, or the places will be cancelled. For reservations or more information e-mail me akoehn40@hotmail.com or call 607-437-3831.

Aleda Koehn

What Directors Do

Normally, Chapter Directors who attend the quarterly meetings at Lake George are treated to a day of encouraging, informative reports on the progress [and possible issues] of our Club. Often we vote on a resolution that has been prepared by one of our competent staff, regarding some necessary business. Since these staff members are obviously experts in the matter, we normally endorse their plans after a discussion-and-question period.

But at the June meeting, a weighty matter was presented to us for a vote. It was not an easy matter to decide. At issue was whether private landholders could be exempted from the laws that govern Wild Forest and Wilderness lands, if there was adequate justification.

Here in brief is the issue: In the Adirondacks is a piece of property, in the hands of a private hunting club. Their land includes a mountaintop that used to be a popular hiking destination. They also have a lodge, with a road crossing State Forest Preserve land. They can hike in to their hunting camp, but, understandably, they want to run motorized vehicles over the road, which is not permitted under the law. So they have

closed off public access to the mountaintop, and as a result, hikers can no longer access that peak.

Now, the hunting club owners have offered to trade land that includes the mountaintop to the State, in return for permission to use motorized vehicles on State Forest Preserve land. Of course, it would set a very bad precedent to grant an exception to a private party, allowing them to violate the 'no motorized use' provision for Wild Forests. The Conservation Committee already had voted against sanctioning the trade-off. Now the BoD was asked to make a final vote on the matter. It was a very hard decision, since the hunting club was giving up a lot, and it would have been great for the public to have that trail to the mountaintop reopened. But we voted No on the trade-off, because it would set such a dangerous precedent, opening the door for any sort of future requests for private parties to get exceptions for their own benefit. On what grounds could the State then say no to them?

ADK does not have the final say on this. It will be voted on by the NYS Assembly. But the hunting club wanted the endorsement of ADK for the idea, since that would possibly benefit their case. We'll see what finally happens.

Submitted by Linda Seifried, Director

Looking Back

Our Susquehanna Chapter has been around for about 35 years. To get an idea of how we've come to where we are, it's sometimes fun to take a look at where we've been. With that thought and with thanks to Aleda Koehn for lending her *Foot-Loose* collection, we share a report from Fall 1994.

Wednesday, September 28. Mary Lou Austin conducted a history walk around Oneonta. Eleven walkers began the city

traverse from a house in the historic district of Walnut Street to the Swart-Wilcox house at 10 a.m. The day was cloudy but energizing as we walked back through time – from the Historic district, to the Riverside Cemetery by the Presbyterian Church to pre-Revolutionary stones in Neahwa Park. The hike ended at the restoration site of the Swart-Wilcox house. There seemed to be interest for future history hikes.

Mary Lou Austin

Susquehanna Chapter Tuesday Hike Favorites by County

Note: some hikes require advance permission to avoid trespassing

OTSEGO COUNTY

Gilbert Lake State Park
Arnold Lake State Forest
Basswood Pond
Glimmerglass State Park
Hartwick State Forest
Milford State Forest
Hick State Forest
South Hill State Forest
Texas Schoolhouse State Forest
SUCO College Camp
Pine Lake of Hartwick College
Moss Pond
Bear Swamp
Lordsland
Goodyear Lake
Rum Hill
Maple Valley
Clark Tower (Cooperstown)
Star Field (Cooperstown)
Crumhorn Mountain
Oneonta Greenway
Oneonta Wilber Park
Oneonta Neahwa Park

Oneonta Table Rocks
Various Seasonal Roads

DELAWARE COUNTY

Finger Lakes Trail
Relay State Forest
West Branch Nature Conservancy
Audubon Bird Sanctuary
Bear Spring Mountain
Emmons Bog
Rails to Trails – Stamford to Hobart
Bearpen Mountain

CHENANGO COUNTY

Finger Lakes Trail
Waupaunaucau State Forest
Rogers Environmental Center

SCHOHARIE COUNTY

Minekill State Forest
NYS Power Authority
Landis Arboretum
The Long Path

Clapper Hollow State Forest
Charlottesville State Forest
Eminence State Forest

HERKIMER COUNTY

Robert Woodruff Outdoor Learning
Center

MADISON COUNTY

Brookfield Horse Trails

ULSTER COUNTY

Sam's Point
Overlook Mountain

GREEN COUNTY

Kaaterskill Falls
North-South Lake
Escarpment Trail
Artist & Sunset Rocks
North Mountain
Windham High Peak
Hunter Mountain

Please clip and post

SUSQUEHANNA CHAPTER FALL 2010 SCHEDULE

ALWAYS CALL LEADERS FOR DETAILS

Area codes are 607 unless otherwise noted

Riders should contribute a fair share toward gas.

Each trip's leader must have all participants sign the liability release form, which may be downloaded from our website: www.susqadk.org.

Ernie Mahlke, 432-2583, will be happy to hear from people who want to hike on weekends and include them in any plans he and Heide may have. For bikers looking for group rides, please call Leon and Lucille Wiggin, 432-1022 and Frank and Jean Oakley, 263-5832. Both Wiggins and Oakleys will again be riding as much as possible this season.

<u>Dates</u>	<u>Leaders</u>	<u>Phones</u>	<u>Destinations</u>
Oct.5	Erika Heinegg	432-0405	Hike in Delhi. Meet at Hannaford's at 9:00am.
Oct.12	Kay Kantorowski	547-5528	Hike Fernleigh Farm, Cooperstown
Oct.19	Ruth Schaeffer	988-7036	Hike in Otego
Oct.20	Monthly meeting. See below.		
Oct 23	Ernie & Heide Mahlke	432/2583	Hike Schoharie Valley to Vroman's Nose
Oct.26	Fran Darrah	286-3391	Hike in Delaware Cty.
Nov.2	Julie Smith	432-8642	Bike or Hike Rail Trail, Stamford to S.Kortright
Nov.9	Aleda Koehn	432-8870	TBA
Nov.16	Barb Means	432-4903	Hike on Means Property
Nov.17	Monthly meeting. See below.		
Nov.23	Joe and Melanie Castine	441-3120	Trail Clearing at Arnold Lake
Nov.30	Lucille Wiggin	432-1022	Hike on Crumhorn Mtn.
Dec.7	Julie Smith	432-8642	Hike Greenway in Oneonta
Dec.14	Mary Dunkle	547-2162	Ski on Golf Course in Cooperstown. Soup at Mary's after.
Dec.21	Joe and Nina Hart	829-8358	Hike West Branch Preserve
Dec.22	Monthly meeting. See below.		
Dec.28	Maureen Willis	286-9821	Hike at Davis St. Park

Your executive committee, wishing to reduce our carbon footprint, encourages members to carpool to meetings and activities.

Meetings Ahead, 3rd Wednesdays

We're back at Elm Park Methodist Church, 401 Chestnut St. Oneonta, for 6 pm potluck dinners followed by programs at 7 pm for chapter members and guests.

Oct 20. Doug and Scott Fielder will show photos from their trip to Alaska in July, featuring Denali National Park, the Kenai Peninsula, and Anchorage.

Nov 17. Ryan and Catherine Thompson report on their recently completed end to end Appalachian Trail hike as well as the Northern Forest Canoe route from Old Forge, New York to Fort Kent, Maine.

Dec 15. Our Christmas Party at EPUM. We begin with our 6 pm dish-to-pass dinner. At 7 pm we'll review the year with your photos, digital pictures to project, and/or slides (from a bygone era, but welcome as we have a projector and a carousel.).

Foot-Loose!

Newsletter of the Susquehanna Chapter ADK

www.susqadk.org

c/o Lucille Wiggin

80 Chestnut Street

Oneonta, NY 13820

Subscription to this newsletter is included in membership in the Susquehanna Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Barbara Meeks at (607) 783 2924 for more information. Portions of this newsletter are also available online at www.susqadk.org.

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Chapter meetings are held the third Wednesday of the month, September through May, at the Elm Park United Methodist Church, 401 Chestnut Street, Oneonta (except where noted). Members and the public are invited to our early evening potluck supper at 6pm (please bring a dish to pass, your own table service and mug or cup); programs begin at 7pm, followed by a short business meeting.

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- discounts on ADK merchandise
- invitations to member only outings and extended trips
- reduced rates at ADK facilities: lodges, leanos, cabins, and campgrounds
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- membership in one of ADK's 27 chapters throughout the Northeast

For more information please go to www.susqadk.org or call 1 800 395 8080