



Foot – Loose!

Newsletter of the Susquehanna Chapter of the Adirondack Mountain Club (ADK), published quarterly – January, April, July, October

Volume 20, Number 3

July 2008

Johanna Koenig passed away on Monday, June 16, 2008

Molly Swain had composed the following petition:

Petition to the Susquehanna Chapter of ADK

*Whereas Johanna Koenig has been a very active
member of
the Adirondack Mountain Club, was one of
the founders and president of the Susquehanna Chapter
and*

*Whereas she was a member of
the governing board of the parent organization and*

*Whereas her stewardship of Johns Brooks Lodge was her chief
interest and*

*Whereas she hired a number of local young men and women and
encouraged their commitment and enthusiasm
for our natural environment and*

Whereas she organized, led and taught many on Chapter hikes,

*Therefore Be it Resolved that, we members of the Susquehanna
Chapter and friends are donating funds to honor
Johanna Koenig with a leaf
for the "Tree of Giving" found in the Common Room of the
Adirondack Loj at Heart Lake*

Molly wrote, "The light of inspiration flashed on as I was looking at the 'Tree of Giving' in the Common Room in ADK Loj. We should honor Jo Koenig for all she has done for the organization, state-wide and locally!" Susquehanna Chapter members attending the February meeting gave a resounding "yes" to the idea. Rita Salo had it printed on parchment paper with the Susquehanna chapter emblem in color displayed as the heading. Erika Heinegg and Barbara Means presented it to Jo on February 23.

Deborah Zack, ADK Development Director, suggested we put monies received into the Endowment Fund for maintenance and development of Johns Brook Lodge. Jo was very instrumental in its operation. The petition above notes Jo hired, encouraged, and shared her enthusiasm with local young people for our natural environment.

Aleda Koehn proposed a \$50.00 gift from anyone interested in contributing. More or less would be gratefully accepted. Leaves for the "Tree of Giving" are \$1,000.00 for bronze, \$2,500.00 for silver, \$5,000.00 for gold. As of June 15, \$6,803 had been received, a gold, plus!

Deb Zack is contacting members who served on the ADK governing board during Jo's years. She also hopes to contact Hut Crews that worked at JBL during Jo's tenure. Kathy Daily has followed Bill Swain's (the younger) suggestion to contact Oneonta High School students who had Jo for biology. Rev. Mark Montfort of the First Presbyterian Church where Jo has also been very active has been contacted to encourage church member participation. Names of all donors, sans amounts, are being sent to Jo on a regular basis by our able treasurer, Nina Hart.

The original idea has grown like "Topsy." Everyone has had this opportunity to show the admiration, friendship, and love that we had for Johanna Koenig.

Chapter News and Information

Trip Reports

March 25, 2008 - GILBERT LAKE STATE PARK. It is surprising how much a trail can change in three days. John & I checked out the Deer Path Trail at Gilbert Lake State Park on Saturday, March 22nd. It had packed snow and was quite walkable. By Tuesday the path had become a sheet of ice. Eighteen of us walked the trail very carefully. We'd planned to circle back on another trail but decided to take the road instead. Three walkers very sensibly stuck to the roads. It was a bright, sunny day. We were able to sit by the lake to eat lunch and listen to the moaning of the ice while eating. *Rita & John Salo*

April 1, 2008 - SUCO COLLEGE CAMP. Spring fever brought 24 hikers out to walk the SUCO College Camp and Lower Reservoir Roads. We chose these low traffic areas because the forest trails were still covered with either ice or mud. We enjoyed the early flowers and stopping at Bill Swain's maple sugar shack. The forecast rain held off until we were having lunch at the Camp lodge. Perfect timing. *Lucille Wiggins*

April 8, 2008 - FINGER LAKES TRAIL. Fourteen members headed for the Finger Lakes Trail near Oquaga Park. Spring had warmed the air but had failed to melt all the snow from the deep woods, which were wet enough that the hike was re-routed. The beginning, at least, was high and dry. After some slogging through the snow, the group emerged at Oquaga Lake, where the sun shone pleasantly as they ate at the handy picnic tables. Drivers were then shuttled back to the starting point to retrieve vehicles. It was a nice day to be out hiking! Website photographs posted by Currie Marr. *Linda and Stef Seifried*

April 15, 2008 - MILFORD STATE FOREST - Twenty-four participants enjoyed a sunny hike along paths in an area that has not been hiked since the tornado of 1998. The trails have been cleared of logs and many species of young trees occur, including Larch,

Spruce, Fire Cherry, Maples, and Birch. Website photographs (recent posts) by Norma Lee Havens. *Virginia and Currie Marr*

May 5, 2008 - FERNLEIGH FARM TO STAR FIELD. Eighteen members gathered at the Clark Sports Center, then proceeded to Fernleigh Farm on the east side of Otsego lake. The Clark Estates property overseer met them and told them about the Fernleigh Farm area where they'd be walking. The group headed out on the tote road to VanYehres Road, and up hill to the carriage trail eventually leading to Star Field. It was a beautiful day, lots of sunshine and mild temperatures, which unfortunately brought out all the black flies!!!! But hearty souls that ADKers are, all managed to outstay the bugs and had a lovely walk and rest at Star Field for snacks and the wonderful view, returning downhill to the barnyard and their cars. Observe Carol Saggese's and Currie Marr's photographs at the website: www.susqadk.org. *Kay and Ted Kantoroski*

May 10, 2008 - BICYCLE RIDE. On a comfortably cool Saturday morning 13 people gathered at the Milford ONC BOCES to ride 11 bikes up the Cherry Valley to Middlefield (some even to Roseboom) and back. Julia Smith led and organized the ride. How could 13 people manage with only 11 bikes? The solution to that mystery is the tandem bicycle. Observe video and photographs by Bob Thomas and Carol Saggese at the website: www.susqadk.org. *Bob Thomas*

May 20, 2008 - WINNEY HILL RIDGE. We gathered at the Salo home on Winney Hill Road. The hike started from our backyard, meandering up the hill and back and forth on woods trails to the top of the ridge. On the way we found a mass of wild columbine growing on the top of a very large, flat rock. The wildflower experts among us also identified a rare gaywings (polygala paucifolia) which you can see on our website (www.susqadk.org). At the top, we walked on hiking trails

made by our neighbor, coming out on the gas line. Friendly horses greeted us as we walked down to Upper West Street, then over the top of Herrick Hill Road, turning back south into the woods to our house. We ate our lunches on the back deck. The sour cream coffee cake seemed to be a hit. All 16 hikers had a good time. *Rita & John Salo*

May 27, 2008 - GOODYEAR LAKE TO COLLIERS DAM. Nineteen hikers met at the Pearce home on Cliffside, Goodyear Lake to walk to the State Fishing Access site along the south end of the lake and on to the Colliers dam. Even though showers were predicted and some clouds looked threatening, it turned out to be a very pleasant morning. As we walked along the railroad tracks, Scott Fielder "rescued" a turtle that seemed unable to get up over the rail. How he scurried off when set down on the other side of the rail. When we got to the lake shore, we were greeted by a catbird overhead who entertained us with a variety of songs.

At another location, Irv Peters found some zebra mussels in the water. Reaching the area near the dam, we walked along the path used by the Canoe Regatta participants as they portage around the dam and spent a few minutes there looking over the area at the base of the dam. We returned to my house to eat lunch in my backyard and then enjoyed some ice cream for dessert. *Linda Pearce*

June 3, 2008 VAN HORNESVILLE GORGE. Leader Kathy Allen. Observe Carol Saggese's photographs at the website: www.susqadk.org.

June 10, 2008 CANOE-KAYAK PADDLE ON THE SUSQUEHANNA RIVER. Led by Barb Means, the canoe/kayak paddle on the Susquehanna River started from the bridge in Milford and went to the Crumhorn Boat Launch. The river was the place to be on a HOT day with eleven people in eight kayaks enjoying the cool water, sun, and occasional breeze. Observe Ruth Schaeffer's photographs at the website: www.susqadk.org. *Barb Means*

SUSQUEHANNA CHAPTER SUMMER 2008 SCHEDULE

Outings and Meetings

ALWAYS CALL LEADERS FOR DETAILS

All area codes are 607 unless otherwise noted

Riders should contribute a fair share toward gas.

It is the responsibility of each trip's leader to have all participants sign a release form

Tuesday leaders contact Bev Hensle for forms; weekend leaders contact Ernie Mahlke.

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|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7/1 Tuesday | Currie & Virginia Marr | 432-5434 | TBA |
| 7/8 Tuesday | Lucille Wiggin | 432-1022 | TBA |
| 7/8 Tuesday | Larry Seiders & Carol McIntosh | 433-3621 | Hartwick trails. Meet at their 50 Morgan Av. cottage ready to leave at 10:00. Parking for about 5 cars in the driveway, plus some side street parking as needed. Morgan Av. intersects with Chestnut one block east of West End Street. The hike starts from their cottage at the top of the hill (last one on the paved road), go up to Strawberry Field (about 30 minutes), then loop through the forest towards the Job Corps and back to Strawberry Field (another 30-45 minutes -- good view from the field). Then we will take the roadway trail past the Table Rock Fields and continue to Table Rock (another 30+ minutes). We can have lunch at Table Rock, or wait until we get back to 50 Morgan (another 30 minutes), where we will have the usual (ice cream and whatever). Carol will provide a tour of her garden. There are a few steep sections, and there might be some muddy spots. |
| 7/12 Saturday | Julie Smith | 432-8642 | Bicycle excursion near Davenport. Call for details |
| 7/12 Saturday | David Hildreth | 746-3015 | Climb Slide Mountain in the Catskills. The hike is rated A. It will have some steep climbs. Wear sturdy footwear. We will eat lunch at the top of the mountain. We will meet at the Price Chopper Plaza in Delhi and car pool to the mountain. For more information call. |
| 7/15 Tuesday | Norma Lee Havens | 432-3154 | TBA |
| 7/16 Wednesday | Monthly meeting. Potluck supper (no business meeting) at the Wiggin camp on Crumhorn Lake, 6 pm. Swim paddle, walk or just hang out on the deck overlooking the lake. Bring a dish to pass, drinks for yourself, and table service including a cup. Call 432-1022 for directions and to car pool. | | |
| 7/22 Tuesday | Joe Hart | 829-8358 | Bear Swamp work day |
| 7/26 Saturday | Ernie & Heide Mahlke | 432-2583 | Hike the Finger Lakes Trail and side trail to Oquaga State Park (.6 mile round trip) for a picnic lunch and swim in the lake. Suitable for age 10 and older. Rated B. |
| 7/29 Tuesday | Ernie & Heide Mahlke | 432-2583 | Gilbert Lake |
| 8/1-4 | Joe & Nina Hart | 829-8358 | Blue Ridge Wilderness Weekend. See article below |
| 8/5 Tuesday | Marion Karl | 547-2540 | TBA |
| 8/12 Tuesday | Ivan & Gerda Gyori | 397-8883 | TBA |
| 8/19 Tuesday | Doug & Sott Fielder | 638-5436 | TBA |
| 8/20 Wednesday | Monthly meeting. Potluck picnic (again, no business meeting) at Fortin Park, Town of Oneonta, 5:30pm. County Route 47, Emmons, near I-88 exit 16. Bring a dish to pass, drinks for yourself, and table service including a cup. Call 432-1022 for directions and to car pool. | | |
| 8/23 Saturday | Ernie & Heide Mahlke | 432-2583 | Hike to the last manned (1991) fire tower, Red Hill in the Catskill Forest Preserve. This 60' high tower has been nicely restored. The short 2.8 mile round trip has an 890' ascent. The trip to the trailhead is about 85 miles. |

Outings and Meetings continued from page 3

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|--------------|--------------------------------|--------------|-------------------------------------------------|
| 8/26 Tuesday | Irvin & Monica Peters | 315-858-0261 | Canoe on Canadarago Lake |
| 9/2 Tuesday | Fran Darrah | 286 3301 | Betty & Wilber Davis State Park |
| 9/9 Tuesday | Ruth Schaeffer | 988-7036 | Canoe from Serokas in Otego |
| 9/16 Tuesday | Gerry Scheele & Lucille Wiggin | 432-1215 | Hike in the Catskills |
| 9/23 Tuesday | John & Rita Salo | 432-3656 | Tom Salo`s Tree Farm bird sanctuary root cellar |
| 9/30 Tuesday | Julie Smith | 432-4682 | Canoe trip on the Susquehanna |

Weekend Bicycling. Several weekend bike rides will probably happen. Call contact Frank Oakley at 263 5832 if interested.

**Blue Ridge Weekend
August 1-4, 2008**

Attention, Blue Ridge campers! There's still time to make reservations at the Lake Durant campground for our annual week-end of trail work, hiking, canoeing, and fireside fellowship and fun. We (Joe and Nina) have reserved site #58 (next to the one we had last year). The new rules don't permit us to reserve sites for others, so you will have to make your own reservations online at www.ReserveAmerica.com.

Plan to arrive Friday, August 1. Saturday will be devoted to Wilson Pond trail maintenance including blowdown clearance. We urge you to stay at least until Monday the 4th, to be able to enjoy a Sunday of activities (canoeing, more hiking, even loafing – your choice). We will be staying until Friday the 8th and would be delighted to have others stay as well. There are many hiking and canoe possibilities in

the area; join us for some of our favorites or explore on your own. The Adirondack Museum at Blue Mountain Lake is almost within sight. Copies of *Enjoying the Blue Ridge Wilderness* are still available; for a copy, send a self-addressed stamped envelope to Nina at P.O. Box 111, Franklin, NY 13775.

For more information about this trip, call us at 829-8358.

Joe and Nina Hart

Membership News

Our Susquehanna membership has grown by 10 members and 6 house holds since Spring. Current Susquehanna membership has risen to 186 households and 273 voting members. Please add our new members to your membership list.

| | | | | |
|----------------------|----------------------|---------------|----------|--------------|
| Audrey Anderson | 37 Main St. | Laurens, | NY 13796 | 607 432-0489 |
| Mark & Carol Cadwell | 6920 Shady Nelms Dr. | Dublin, | OH 43017 | 614 675-6236 |
| Jeff & Susan Edmonds | 817 Butter Bowl Rd. | Cherry Valley | NY13320 | 607 264-8034 |
| Victor Iwanow | 29 Delview Terr, | Delhi | NY13753 | 607 746-3491 |
| Randy & Carol Lynch | 500 Titus Av. | Jefferson | NY 12093 | 607 652-6701 |
| Bob & Carol Thomas | 15 High St | Morris | NY 13808 | 607 263-5918 |

Welcome new members. We hope see you on the trails and at meetings soon.

Rita Salo, Membership Chair

ADK Meetings Resume

Susquehanna Chapter meetings resume on Wednesday, September 17 at Elm Park Church on Chestnut St. Following a 6pm covered dish supper, the 7pm program will be "Mountain Top to Tap--the Journey of Water from the Catskills to New York City" presented by Aaron Bennett, Director of Education at the ERPF Center in Arkville, NY. The program will be followed by a business meeting at 8 pm.

MEMORIAL DAY WEEKEND CANOE RELAY RACE SUNDAY, MAY 25, 2008



Paddling in the center of the pack: ADKers Sue and K Sanford.

Photo by Nina Hart

On Sunday, May 25, 2008, the Susquehanna ADK Chapter Team completed the Memorial Weekend Grand Prix Relay Race for mixed doubles. The Team paddled in honor of Johanna Koenig, our longtime canoeing inspiration. The weather was glorious, a beautiful green and golden day.

So many of you made this event a success. First the paddlers: Kay and Sue Sanford doing the first, most dangerous leg; Barb and Jack Meeks on the second leg; Jean Seroka and Carl Koenig on the third and longest leg; Tony Uhl and Julie Smith on the fourth, and our sweeps, Linda & Stefan Seifried, doing the last leg.

Congratulations and thanks to all of you for your effort.

Nina Hart followed the entire race with her camera. She and I documented our day, at the suggestion of Barb Meeks, in order to make a photo album for Jo Koenig. Nina hung in right to the very end of a very long day. Hopefully, we will all get to share Nina's pictures at our December meeting.

Thanks and appreciation go to all who helped along the way: Norma Lee and Jack Havens, Irv and Monica Peters, Larry Seiders and Carol McIntosh, brothers Rod and Jerry Hebbard, Lucille Wiggin, and the Sanfords who stayed with John and me

all the way to Bainbridge after their paddle. Thanks to Linda Wilcox, who took care of the Brooks Chicken for the picnic.

We appreciate Joe and Jean Seroka for all that they do to provide a wonderful picnic at their riverside park. They have done the picnic for some years now, generously offering their time, effort and property so that we can celebrate together. Jean also paddled in the race.

It has been great fun organizing our participation in this Susquehanna River event. We will not be doing it next year, so if there is someone out there who wants to take it on, please do.

Rita Salo

Susquehanna Chapter Website Revised & Updated

<http://www.susqadk.org>

The original Susquehanna Chapter website was developed and run very well for several years by Johanna Koenig. Jo was a founder of the Susquehanna Chapter of the ADK and placed the notice in the Daily Star in 1977 asking for like-minded people to join the chapter. ADK has a small page for each chapter but Jo found it too simple and often out of date. She was also a member of MUGONE, the Apple Macintosh User's Group in Oneonta. As a member of that group she learned about the internet and the worldwide web and was inspired to develop a website for our chapter of ADK.

Haven't visited the Susquehanna Chapter website recently? You're in for a very pleasant surprise. New webmaster, Currie Marr, and website developer, Bob Thomas, have made some remarkable and very user-friendly changes and additions. Visitors will find included on the opening page: events calendar (just click on month, then event title to see what's planned), meetings, contact persons, outings schedule, what's new, reference library, site links, news aggregator, feedback, Newsletter-Footloose (in case you lose your copy), and waiver for trips.

Bob suggests on the opening page that visitors should "look over the information on our website for the Susquehanna Chapter of the Adirondack Mountain Club (ADK). If

you have questions, please call or email any of the listed contact persons. You can see a list of contact persons by clicking on "Contact Persons" in the list on the left.

One of the many opportunities provided by the website is the inclusion of hike and trip photos. Enjoy the photo record of where we've been and how we did it.

Initially, Currie came up with the following list of the website issues needing attention: We need to redesign the site and acquire compatible software. The Web Designer needs to select a new Web Host (ISP). The Web Designer would go to "dotserve.com" and change the "susqadk" name, and the Web Host name. There is no security code for "susqadk" that is needed for the transfer. Once the transfer was completed, Nina Hart would cancel the former ISP account.

Bob received the list while attending a software conference called "Drupalcon Boston 2008." Drupal is free open source software for website development. There are a lot of software programs for website development, ranging in price from free to hundreds or even thousands of dollars. Many of the programs need to be installed on the user's computer. Over 850 people attended the conference from over 30 countries.

Drupal is a free, open source,

and only needs to be installed on the computer that hosts the website. Some people, after hearing the term "free, open source software," worry that "you only get what you pay for." That line of thinking implies that if it is free it must not be worth much. Drupal is free and used by hundreds of thousands of websites. People using those sites and seeing a need for improvement in Drupal are invited to do so. Each improvement is shared through the community at no cost.

Drupal takes care of many website design issues. Even better, Drupal allows a number of users to contribute to the website development from the comfort of their own computers. The contributors can be using a Windows computer, an Apple computer, a Linux computer, and many others types of computers. The contributors only need to be able to connect to the website via the internet.

Contributions that are in text form only require almost no training at all. Contributors do need to learn a few things about uploading photos and placing them on the page. According to Bob, Currie has quickly learned how to do this.

Visit the updated revised website and discover how even more user-friendly and informational it has become.

Bob Thomas, website developer

Finger Lakes Trail Maintenance Request

David DeForest, former director of the AmeriCorps program based at SUNY Delhi, requests Susquehanna ADKers to take on maintenance (clearing/brushing out) sections of the Finger Lakes Trail (FLT). AmeriCorps had been the

principal maintainers for many years of several FLT sections in the Catskill region. Closing the program last fall left a trail maintenance void that hasn't yet been filled. Some of those sections (Beach hill to Alder Lake) have become

quite overgrown with new vegetation. ADK members interested and willing to take on this project or at least volunteer assistance are asked to contact David at work, 607-746-4112 or at home, 607-433-8807.

Adirondack Council Presents 2-hour PBS Film

"The Adirondacks," a two-hour high-definition video that tracks the history and beauty of the Adirondack Park's protected landscapes through each of

the four seasons, premiered May 14 on PBS throughout our area. The film will appear again on PBS affiliates this summer and remain in PBS program

rotation for all of 2008 and beyond. The film was partly underwritten by the Adirondack Council and created by WNED-TV, PBS in Buffalo.

2008 Lectures at the Adirondack Mountain Club

814 Goggins Road, Lake George, NY (Exit 21, I-87)

Lectures are on the second Tuesday of the month and begin at 7 p.m.

July 8 Alpine Americas – Don Mellor & Olaf Soot (Local Authors) These mountaineers and photographers will present their latest collaborative effort, a journey down the spine of two continents from the Arctic Circle, over the volcanoes of Mexico and across the Andes and Patagonia to Tierra del Fuego.

Aug. 12 Back Country Preparedness – Pete Fish (Retired Forest Ranger) Enjoy valuable information regarding

hiking preparedness and ethics, based on experiences & observations in the Catskills and Adirondacks High Peaks wilderness. Using his daypack, he will focus on contents, attire, rules and regulations, as well as other concerns associated with backcountry recreation.

Sept. 9 Be Wise on Owls – Nancy Kimball (North Country Wildlife Rescue) A Powerpoint presentation offering fascinating information about

the rescue network that cares for local wounded or orphaned wildlife with a special visit from Noah, a non-releasable barred owl.

Oct. 14 Adirondack Environmental Landscaping – Bert Weber (Teacher) Sustainable garden practices for the Adirondack gardener.

All lectures are free and open to the public. Call (518) 668-4447 for reservations.

2009 Adirondack Mountain Club Calendar Published

The 2009 Adirondack Mountain Club (ADK) Calendar: *With Wilderness at Heart* has been published and is available for purchase from ADK and bookstores and outdoor retailers throughout the Northeast.

The latest edition of ADK's award-winning calendar features accomplished Adirondack nature photographers Nancie Battaglia, Mark Bowie, Joanne Kennedy, Mark Meschinelli, and Hardie Truesdale.

Among the monthly photographs are views of Lake Placid, Mount Marcy, the Shawangunks, Lake Champlain, Lake

George, Lake Colden, and the Catskills. These classic, full-color photographs are complemented by smaller spore-print images created by Sam Ristich and Carol Shaw. These are produced by placing mushrooms or woody fungus on paper. The late Sam Ristich, known as "the mushroom guru of Sligo Road," was a well known teacher and speaker on things mycological.

ADK Publications staff Ann Hough of Keene, N.Y.; Andrea Masters, of Ballston Spa, N.Y.; and John Kettlewell of Saratoga Springs, N.Y., produced the calendar.

Purchase of this and other publications helps support ADK's programs in conservation, education, and recreation. Also available are hiking, canoeing, rock-climbing, and cross-country skiing guides; natural history guides; and cultural and literary histories of the Adirondack and Catskill Parks.

To place an order contact ADK, 814 Goggins Road, Lake George, N.Y. 12845, (518) 668-4447, (800) 395-8080 (orders only), or visit ADK's Web site at www.adk.org.

“One Square Mile of Hope” 9/13/08

Paddlers may break the Guinness World Record for the largest canoe raft by joining an event called “One Square Mile of Hope” on September 13 at Inlet, NY on Fourth Lake of the Fulton Chain of Lakes. Organized by the Central Adirondack Paddlers Society (CAPS) the group hopes to raise funds for the Susan G. Komen Foundation, the world's largest grassroots network of breast cancer survivors and activists fighting to save lives, empower people, ensure quality care for all and energize science to find the cures.

This event is for men and women of all ages; any child under 12 must be accompanied by an adult. Registration will be Friday, September 12, 10am to 8pm at the Inlet, Information Office, and Saturday at Arrowhead Park from 7 to 10:30am. Friday registration is strongly recommended to avoid traffic congestion. All participants must be on the water by 11:30 and within the designated area by 12:00 noon to begin the record attempt.

Participants must provide their own canoes/kayaks, paddles and life jackets.

Rentals are available locally. (All participants must wear lifejackets in order to participate.) In case of inclement weather the event will take place on Sunday, September 14, 2008. For Inlet area accommodations log on to inletny.com and oldforgeny.com.

The current canoe raft record is 776 set May 19, 2001 on Hinkley Lake in Ohio. The record is based on the total number of canoes and kayaks in the raft, not the number of people involved.

Registrations forms are available at caany.com/canoe/os_forms.html.

Forever Wild Day

The Adirondack Council will present its Conservationist of the Year Award to environmental journalist and activist Bill McKibben as well providing guided

nature walks at its annual meeting at Silver Lake YMCA on the shores of Lake George on Saturday July 19 from 9 am to 4 pm. More information is

available at the Council's website: adirondackcouncil.org and lodging reservations can be made at silverbay.org.

Foot-Loose!

Newsletter of the Susquehanna Chapter ADK

www.susqadk.org

c/o Rita Salo

698 Winney Hill Road

Oneonta, NY 13820

Subscription to this newsletter is included in membership in the Susquehanna Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Rita Salo at (607)432-3656 for more information. Portions of this newsletter are also available online; go to www.susqadk.org.

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Chapter meetings are held the third Wednesday of the month at the Elm Park United Methodist Church, 401 Chestnut Street, Oneonta (except where noted). Members and the public are invited to our early evening potluck supper at 6pm (please bring a dish to pass, your own table service and mug or cup); programs begin at 7pm, followed by a short business meeting.

Adirondack Mountain Club annual membership dues are \$50 for individuals and \$60 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- invitations to member only outings and extended trips
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- reduced rates at ADK facilities: lodges, leantos,
- Adirondac Magazine six times a year
- discounts on ADK merchandise
- reduced rates at ADK facilities: lodges, leantos, cabins, and campgrounds
- membership in one of ADK's 27 chapters throughout the Northeast

For more information go to www.susqadk.org or call (800) 395-8080