



Foot - Loose!

Newsletter of the Susquehanna Chapter of the Adirondack Mountain Club (ADK), published quarterly – January, April, July, October

Volume 15, Number 2

April 2003

...from the Chair

Greetings from your new chapter co-chairs! Since many members of the Susquehanna chapter have never met us personally, let us introduce ourselves:

I joined ADK six years ago on the recommendation of my daughter, who was a member and who had worked several years at the Loj. Visiting her, we got to see the Club's Heart Lake facilities and climb beautiful Mt. Jo with its impressive views of the High Peaks. Membership benefits were attractive and soon, back home, I attended my first meeting and went on my first chapter-sponsored hike. I was truly delighted to find I was having fun hiking in new places with people who were interested in all my favorite subjects: mountains, trails, forests, conservation and education. On any given hike, there were always some people who knew birds, or names of trees, or the status of state and national conservation issues. Others knew all the good places to kayak, locally and in the Adirondacks; still others knew peaceful places to camp in the forest preserve.

What really got me involved, though, was an ongoing project in our chapter. We had "adopted" a wilderness area in the Adirondacks, and now had the very pleasant task of spending time in the Blue Ridge Wilderness, getting to know the trails and exploring various interesting features deep in the forest. Knowledgeable members taught me how to bushwhack using a map and compass. Later, we used our "expertise" to make suggestions for the Unit Management Plan being written up by the DEC. Education that was enjoyable! Even trail maintenance projects were fun with this group!

I encourage any of our members who have not attended meetings to come try it out. Our potluck suppers, dinner meetings, summer picnics, outings, and interesting speakers should provide you with good companionship and real enjoyment. I look forward to meeting all of you! -Linda Seifried

My name is Jim Vogler. I am the other half of the co-chair position. I grew up hiking and camping in the Colorado Rockies where I developed an appreciation for the wonders of our natural areas. My family moved to Oneonta in the summer of 2000 from western Pennsylvania. I first learned of the ADK and our chapter when I attended one of the Tuesday hikes I read about in the newspaper. I enjoyed the hike and the company so I joined the club. Although hiking and camping are my favorite club activities, I feel that each of us who utilize our public lands has a responsibility to help maintain and protect those lands. I feel the ADK is one of the better organizations through which to accomplish that work. As co-chair, I hope to help Linda and the members of the executive committee with the details of running the chapter and to carry on the tradition of past chairs in keeping our chapter strong and active. I look forward to meeting you all in the years to come. -Jim

CHAPTER CHANGES AND NEWS YOU CAN USE

Membership News

An updated Chapter Membership List is now available at monthly meetings or by arrangement with me. Lists will not be mailed. Call me at 607 432-3656 to work something out. **Chapter information is to be used for Chapter business only and is not to be shared.** We welcome nine new and transferred members to our Susquehanna Chapter. Please add their names to your list.

DECEMBER 2002

Michael A. Quinn, 108 Manley Road, Hartwick, NY 13348,
607 293-7753

Philip Santos, 363 Main St., Apt. 7, Oneonta, NY 13820,
607 432-4711

Tim Sweeney, 1 Sunrise Drive, Binghamton, NY 13905,
607 771-4678

JANUARY 2003

Moira Beach, 32 Morgan Avenue, Oneonta, NY 13820,
607 433-2832

Robert Griffith, 156 Timberlakes Drive, Todd, NC 28684,
828 264-1337

Jack McShane, 1409 Bussey Hollow Road, Andes, NY 13731,
845 676-2445

Diane Sroka, 17 Wampus Avenue, Armonk, NY 10504,
914 273-8925

FEBRUARY 2003

Christine Tovee, 1025 Reynolds Road, Apt. L-6, Johnson City, NY
13790, 607 777-9887

SWITCH FROM LI TO SQ

Peter Cowan & Kathy Mario, PO Box 712, Margaretville, NY
12455, 516 671-3543

Rita Salo

New Officers Representing You

At the January 15 meeting, the following members were elected as chapter officers:

Linda Seifried and Jim Vogler, Co-Chairs

Joe Hart, Vice-Chair

Georgia Schadt, Secretary

Nina Hart, Treasurer

Aleda Koehn, Director

Many thanks go to Gerda Gyori as Nominating Committee chair for her work putting together the slate of officers.

GET READY!

Spring Outing 2003 is Coming Soon

SPONSORED BY THE MID-HUDSON CHAPTER OF ADK

A Fun-Filled Weekend

June 20-22, 2003

Headquarters at the Poughkeepsie Grand Hotel

Activities Include:

- Hike through the Shawangunks and on the Appalachian Trail
- Canoe and Kayak on the Hudson River and Marshes
- For non-hikers there are scheduled trips to historic sites and a shopping trip to an outlet mall with hundreds of premier stores
- Saturday evening reception and dinner at the Italian Center; the program will be a talk by Andy Bicking, public outreach manager with Scenic Hudson

For reservations and information, contact:

(in the Oneonta area) Aleda Koehn

607 432-8870 akoehn40@hotmail.com

(in the Mid-Hudson area) Ralph Pollard

17 Horizon Hill Road, Poughkeepsie, NY 12603

845 462-3389 ralphpollard@att.net

Registration Fee: \$25.00

PADDLING NEWS

General Clinton Canoe Regatta

Our chapter is once again planning to paddle the Regatta. Contact Rita Salo as soon as possible if you are interested. Thanks again to Jack Meeks for getting things going and to Steve Herrmann for his help and advice. This is a 'first come, first serve' opportunity, and women as well as men are needed. There may be other ways to help out if you aren't able to paddle.

Susquehanna Sojourn

The thirteenth annual sojourn will paddle and float from Wilkes Barre, PA to Harrisburg, PA. The Susquehanna Sojourn is organized by the Alliance for the Chesapeake Bay and is one of four sojourns on rivers feeding into the Chesapeake. This year's dates are June 8 to 15. Get in touch with Jo Koenig if you are interested in participating.

TRIP REPORTS

December 29, Sunday. Snowshoe clinic. We had plenty of snow this day in December. I had been maintaining some trails in the woods behind my house, so it worked out well that seven people showed up for the snowshoe clinic and helped stomp out some fresh snow. Some seasoned snowshoers came along as well as some beginners to the sport. It was a good afternoon for climbing some hills and viewing Oneonta from the west side of the Otego Creek valley.
Steve Herrmann

January 7, Tuesday. Twenty skiers and walkers squeezed their cars into Fran's driveway and either had a wonderful ski on Milford's Flats or walked a snowmobile trail to Chlorinator Road and enjoyed a pretty stream on that road. They all returned to Fran's for soup, chili and dessert.
Fran Darrah

January 12, Sunday. Slim Pond, Blue Ridge Wilderness. Five souls made the trip to the Blue Ridge although only one of us, Jim Vogler, actually got to the pond. The snow was deep and the rest of us were strung out along the trail. Snowy roads made us late to the trailhead but once there the sky turned blue for us for about an hour and with the fresh-fallen snow made the woods a pleasure to walk through.
Joe Hart

January 14, Tuesday. Seventeen of us braved the COLD and enjoyed cross-country skiing and snow shoeing at South Hill in Davenport. We enjoyed the beautiful winter scenery - had a good workout - and a hardy lunch at Vern's Restaurant. *Horst Neumann*

January 16, Thursday and February 20, Thursday. Full moon hikes. We had good turnouts for the moonlight walks. The full moon in January was a bit hazy, but still lit the Gilbert Lake area very nicely. Nine folks enjoyed about a two-hour walk through the woods and around the lake. The walk in February was a bit different. The moon in February doesn't usually rise until 10:00pm. With the moon not being visible, seven of us enjoyed a clear night with all the constellations of stars showing themselves. We ventured on to the Deer Run area where there are open fields. Viewing the stars was quite a sight.
Steve Herrmann

January 18, Saturday. Two hikers enjoyed a cold but beautiful, sunny day bushwhacking up Fir Mountain and traversing to Big Indian Mountain. Looking into the sun, the large amount of ice encrusting the tree branches sparkled like a million jewels. The canister was hard to find on Fir, but persistence paid off. The saddle between Fir and Big Indian was remote looking with some minor cliffs and ideal snow conditions. We walked straight to the canister on Big Indian then enjoyed the long hike down the trail to the parking lot.
Jim Vogler

January 28, Tuesday. Due to the extreme cold we reversed the order of the day and enjoyed lunch at Jackie's in Milford and then skied. Sixteen skiers and four walkers explored the Boy Scout Camp and roads at Crumhorn Lake.
Lucille Wiggin

February 9, Sunday. Eleven x-c skiers did a three-mile trip through the forest on the east side of Crumhorn Lake. Three non-skiers then joined us for the covered dish supper at the cottage. It was a great day and a good time was had by all.
Lucille Wiggin

February 11, Tuesday. Two hikers showed for the map and compass field course at Gilbert Lake State Park. The day was so nice that we decided to bag the compass work and just go for a ski. We saw abundant deer sign and two deer that looked as if they were still in decent shape. We finished our loop in the park by skiing across Gilbert Lake. It was an enjoyable morning in the sun and snow.
Jim Vogler

February 18, Tuesday. Seven members and one guest snowshoed the Red Creek area in Cooperstown. It was a lovely day with 10" of new snow on a previously packed trail. Lunch was served on our return - a great time!
Kay and Ted Kantorowski

February 25, Tuesday. Arnold Lake Outing. What do mid-weekers do? It is zero degrees, it rained over the weekend, there is 4 feet of snow (approximately) with a crust which holds in some places, not in others. Walk? Ski? Snow shoe? Stay home? Well, 18 of us chose to go walking. After parking cars in a DEC lot, we walked downhill on a county road, climbed over a 10-foot snow bank, and walked up hill on the fire road on a well-hardened snowmobile track. The sun was out but it was NEVER warm. But we soon warmed up! The leader thought we should do an extra loop that showed faint snowmobile tracks. The snow was deeper. Onward we went, wishing we had snowshoes or skis, until we came to a couple of blow downs. Then we were post holing over our knees. Deciding this was not fun and more exercise than we bargained for, we retraced our steps. That was tough, too, as the snow now had the consistency of sand. Ah well, not only did we survive, we had a good time in brilliant sunshine, and ended with lunch at Jackie's, a favorite lunch spot in Milford.
Jo Koenig

March 4, Tuesday. Twelve hardy hikers braved the zero degree temperature for a snow shoe/hike at Whaupanaucan State Forest. We walked along Indian Style and stayed (mostly) on top of the crust. Woods walking was easier than road walking. By noon the sun was shining, the sky was blue and the temperature rose. A few had to shed extra clothes! We stopped for a pizza lunch in New Berlin. It was a good day to be walking with friends.
Jack & Barb Meeks

March 11, Tuesday. Due to the AM wind chill, we again met at Jackie's in Milford for lunch. After a hearty meal we would rather have taken a nap, but all 17 of us set off for the Crumhorn Boy Scout Camp. We enjoyed a walk on top of the snow crust down the "old road" to the iced over waterfalls and through the camp past displays of Native American shelters and chain saw carvings.
Lucille Wiggin

March 18, Tuesday. Moonlight walk at Gilbert Lake. The last scheduled walk for the winter season ended up being one of the finest. We had 12 hikers show up for one last slog around the lake. I wasn't sure what conditions would be like since we had a few warm days leading up to this evening. However, the temperature dropped to the mid-twenties and the snow, though a bit soft, was plentiful and deep. Snowshoes were still needed as we headed off down the trail around the lake. We reached the beach area

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around 7:30 and just as we arrived the moon came rising over the mountaintop. This time of year the moon rises very quickly and so we were lucky to watch it come into full view within a few minutes. Rarely is the moon full and bright on the actual full moon calendar date, so again, we were very lucky. The sky and lake lit up quite brightly and escorted us back to the parking lot for a very memorable full moon hike. *Steve Herrmann*

Chapter Winter Weekend Trip to Adirondack Loj January 31 - February 3

Seventeen members and friends enjoyed a great weekend of skiing at Heart Lake property. The group ranged in age from Manique and Stephanie Murray, the young daughters of Lee Talaia, to those who were eligible for the super senior free pass to Van Hoevenberg Ski Center. Bill and Molly Swain had a family gathering with their son Peter and his wife Claudia and two grandsons. Peter and Claudia had worked at Heart Lake years ago, and even had their wedding in the Loj. They were thrilled to be back for the first time in a number of years. On Friday evening many of us snowshoed along the lantern-lighted path to a campfire. A naturalist intern at Heart Lake organized stories, poems, and hot chocolate.

Although the snow was deep, it was a bit crusty at lower elevations, so on Saturday most of the group decided to go to the ski center with its groomed trails. Van Hoevenberg is a wonderful area with wide and smooth trails for all skill levels. The well-marked trails go up and down through the woods, along brooks, and up and over several small mountains. After spending much of the ski season dodging trees and trying to make corners in our local woods, this was a real luxury.

Saturday evening was the usual conversation, puzzle making, Scrabble, other games, reading, and relaxing. Pete Fish, retired and renowned DEC Ranger, was here for the Saturday evening program at the Information Center. Of course he knew Peter and Claudia from way back and talk of the past added to the fun.

We had a few inches of new snow on Saturday night and the conditions were perfect. Some skied to Marcy Dam while others went back to Van Hoevenberg. We all had a great time. We are holding 14 reservations for next year—sign up early. *Aleda Koehn*

Found

Two tubes of ski wax in Jo Koenig's car. One is TOKO, the other is Swix Easi-glide. To claim, call Jo at 432-4975 after April 8.

ADK has taken an interest in protecting the Shawangunk Ridge. This area is a ridge of varying width, rising about 900 feet above the Hudson Valley floor and running from Rosendale at the north-east end about 35 miles to the New York – New Jersey border near Port Jervis. (The ridge can be located on a map by following New York State Route 209, which runs along the west side of the ridge through Wurtsboro and Ellenville.) The ridge continues southwest, becoming the Kittatinny Mountains in New Jersey, much of it protected by several state parks and forests. The ridge then becomes part of the Appalachian Chain.

Along its length, it contains waterfalls, ice caves, wetlands, unusual populations of plants and animals, and spectacular views. Many of us remember visiting Sam's Point with Bill Kratzenstein, where we saw the ice caves and the stand of dwarf pine. This part of the ridge is protected by the Eastern Chapter of the Nature Conservancy, and there are several other protected portions, including Minnewaska State Park and the Mohonk Preserve. This northern area of the ridge contains the famous rock-climbing site called "the gunks" a few miles west of New Paltz.

A group of environmental organizations, the Shawangunk Ridge Coalition, led by the New York – New Jersey Trail Conference, has joined together to advocate for protection of the remaining undeveloped sections of the ridge, some of which are now proposed for development. Currently, the owner of the Awosting Preserve, bordering Minnewaska State Park, has submitted plans for a large development (350 vacation homes) on the preserve. The Mid-Hudson chapter is now involved in ADK's efforts to protect this valuable resource. *Joe Hart*



Remember the snow?

REPORTS

ADK Priorities Forum

Members who attended the February 19 monthly meeting participated in forum discussions that resulted in an opportunity to affect both local and national decision-making.

Linda Seifried presented information on the subject of changes that are proposed for the nation's environmental laws. The National Forest Management Act, which guides the Forest Service as it makes up its plans for forest use, will be amended to greatly limit public involvement in the decision-making process. The Forest Service could exempt projects at will from public input, environmental impact studies, input by scientists, monitoring of results, and the opportunity to appeal decisions. But perhaps the most controversial change would greatly lessen protection for fish and wildlife, allowing habitat destruction to occur unchecked if officials deem it "necessary." One top official that could make decisions like this is the Undersecretary of Agriculture, a political appointee fresh from his career as top lobbyist for the timber industry. While ADK itself takes no stand on national issues such as this, individual members who could send comments to the Forest Service, which is taking comments from the public until April 7th. Chapter members wanting more information on the subject are welcome to contact Linda.

The second part of the February forums tackled the problem of identifying priorities among ADK main club activities. Led by Joe Hart, 19 members meeting in two small groups exchanged opinions and information, and discussed the many roles ADK plays in our lives and in the present and future management of state land in New York State. We focused on main Club activities rather than our local chapter and kept in mind the difficult financial situation the Club is experiencing. At the end of the discussion, we individually prioritized the main Club functions in order of importance as each of us saw it, adding comments to express particular concerns.

In summary, the 19 people filling out priority lists placed education, advocacy and trail work at the top of their lists and placed lodges and publications at the bottom. Some of the many comments follow:

On outings – "People will only care about their world when they get out to see it."

On publications – "Replace the Adirondac with a newsletter" and, "Adirondac is necessary for statewide bonding."

On lodges – "Subcontract the operation of lodges" and, "Build money-making motel in addition to the lodge."

On trails – "Good trails mean good hiking."

On education – "Needs to be an important component. If we teach our children about our environment, they will grow up to be good stewards."

This information was given to our Director, Aleda Koehn, in the hope that it would help her with the very difficult decisions she must make in the coming year.

ADIRONDACK MOUNTAIN CLUB, SUSQUEHANNA CHAPTER TREASURER'S REPORT, YEAR 2002

ACCOUNT BALANCES 1/2/2002

Savings	\$3,268.81
Checking	\$298.97
TOTAL	\$3,567.78

INCOME

Dues share (10 months paid)	2,891.51
Newsletter	5.00
Interest	55.73
Loj outings	420.00
Dinners	574.00
Other	105.00

TOTAL INCOME \$4,051.24

EXPENSES

Loj outings	630.00
Director (governor) expenses	300.00
Rent	275.00
Special projects	158.86
Programs	154.94
Exec. Committee expenses	47.59
Donations	500.00
Conservation Committee	20.00
Hospitality Comm: Dinners	1,097.38
Hospitality Comm: Supplies	76.49
Membership Committee	38.11
Newsletter: Printing	603.45
Newsletter: Postage	298.00
Outings Comm: Midweek	1.35
Outings Comm: Weekend	0.00
Publicity Committee	23.02
Trails Committee	5.98
Blue Ridge Committee	6.00
Other	0.00

TOTAL EXPENSES \$4,236.17

NET GAIN/(LOSS) (\$184.93)

ACCOUNT BALANCES 12/31/02

Savings	\$1,162.92
Checking	\$695.67
Chapter Deposit Note	\$1,524.38
TOTAL	\$3,382.97

Nina

DIRECTOR'S REPORTS

Special meeting of the Board of Directors at ADK headquarters in Lake George on Feb. 1, 2003

1. The Board passed the revised budget with no opposition. This budget reflects much work by the Budget Working Group that was organized when the previous budget was not passed and after ADK President Terry Sexton resigned.

2. Changes from 2002 budget that may affect our chapter/members include:

- a. Adirondac will be published four times a year.
- b. Reductions in staffing by 10 positions:
 - North Country -6.5
 - Publications -1.5
 - Lake George operations -2
- c. A three dollar per person fee for the lecture series (both at Loj and headquarters).
- d. Increase of \$1.00 on all parking fees.
- e. Increased commitment to provide more volunteer opportunities at all sites.

3. Two resolutions passed by the board to help with cash flow and increased cost of insurance:

- a. INSURANCE. Each chapter will be assessed \$1.00 for each voting member for payment of a portion of liability insurance premiums. (This would cover about 23% of the increase.)

Note: There were no options on other insurance carriers. The insurance problem impacts many organizations other than ADK. Susquehanna Chapter share comes to \$323.00 @ \$1.00 per voting member.

- b. CASH FLOW. To help the Club meet its cash flow requirements during the first six months of 2003, the Club will delay payment of one-half of each monthly chapter share of dues from January to June. The shortfall will be made up in July, August, and September.

4. ADK President Tom Wheeler, in presenting this budget to the Board, wrote, "We did not alter the ability of ADK to deliver its key programs and services. This budget will provide for continued delivery of our programs in Conservation and Advocacy, in Education, and in Trails, to the public and to our members."

After listening to the presentations and discussions I believe that everyone involved has done their best to make a workable, yet austere budget based on the reality of actual income as shown in 2002, rather than an overly optimistic projection for 2003.

Aleda Koehn

Regular meeting of the Board of Directors at ADK headquarters in Lake George on March 8, 2003

ADK PRESIDENT Tom Wheeler is recovering from emergency heart by-pass surgery. Vice-President Curt Miller chaired the meeting.

NORTH COUNTRY DIRECTOR RESIGNS. Greg MacDonald, citing disappointment with the methodology and implementation of the 2003 budget, has resigned. In my opinion he was the best NC director we have had in the past 20 years. All are sorry to see him go.

NORTH COUNTRY RESTRUCTURE: Because of position cuts and resignations, the day-to-day operation of the facilities will be managed by the High Peaks Information Center Manager, the North Country Business Manager, and the Lodges Manager. John Million, Operations Director, will relocate his offices from HQ to the Loj in order to oversee higher level details of management.

FINANCE COMMITTEE: A resolution was passed that vests the short term cash flow management under the control of the Finance Committee until the June Board meeting. This resolution removes control of cash flow from Executive Director Jo Benton and puts Bill Klee, newly hired Director of Finance/Controller, in charge of daily cash flow. He is to report to and confer with the Finance Committee, chaired by Noel Davis. (Jo Benton is a member of the Finance Committee.)

JBL REPORT: Bob Grimm, Chair of the Johns Brook Lodge Committee, publicly thanked Jo Koenig for her many years of service to the committee and to JBL.

AWOSTING RESERVE: A resolution was passed stating that the BoD of ADK is opposed to development of the privately owned Awosting Reserve and supports acquisition of the property for addition to the Minnewaska State Park Preserve.

ADK NOMINATING COMMITTEE: Tom McQuire, Pat Quinn, and Aleda Koehn were elected to the committee to nominate persons to serve as ADK officers for the coming year.

ADK CALENDAR: The 2003 calendar earned two gold medals in a national competition with 380 entries. I knew this was a good calendar. Aren't you glad you bought one???

MORE INFORMATION about the Annual Meeting and the Board of Directors Meeting will be published in the *Adirondac*. Contact me with any concerns or questions.

Aleda Koehn

Mountain Birdwatch

Mountain Birdwatch is a program started by the Vermont Institute of Natural Science (VINS) to establish a long-term monitoring program for Bicknell's Thrush and four other montane forest birds. The Bicknell's Thrush is currently recognized as one of the most at-risk songbirds and is a top conservation priority in the eastern United States. Because of its habitat specialization and limited range, Bicknell's Thrush is considered an important indicator species of montane forest health. The Mountain Birdwatch program uses volunteers to conduct early morning surveys along trails in the spruce-fir forests of NY, VT, NH, and ME. Each route is surveyed once a year between June 1 and 21 unless no Bicknell's Thrush is observed, in which case a follow-up survey is required. Surveys should begin between 4:30 and 5:30 am and be finished before 6:30 am. Survey routes are available in both the Adirondacks and Catskills. For more information on how to receive training and a route, call Jim Vogler.

SUSQUEHANNA ADK CHAPTER SPRING 2003 SCHEDULE

Outings and Meetings

(Always call leader to confirm date and time. All phone numbers are area code 607 unless noted.)

April 1, Tuesday	Leader: Kathy Allen	547-8030	Hike in Cooperstown area
April 8, Tuesday	Leader: Joe Hart	829-8358	Clip clop waggles walk. Trail clearing on Arnold Lake trails
April 15, Tuesday	Leaders: Barb and Jack Meeks	783-2924	Hike at Rogers Environmental Center, Sherburne Search out those signs of spring: wildflowers!
April 16, Wednesday	Susquehanna Chapter meeting	7:30 p.m., Elm Park Methodist Church, 404 Chestnut Street, Oneonta	Donna Vogler, chapter member and professor of Biology at Oneonta State, will present the results of "The Environmental Footprint of Oneonta," a project she worked on with a group of her students.
April 19, Saturday	Leaders: Ernest and Heide Mahlke	432-2583	Hike the Finger Lakes Trail southeast of Bainbridge. 6.5 mile segment from Shears Road west of State Highway 8 to State Highway 206 near Mason Inn. No major ups or downs. Need to spot a car at each end. Rated C+. Call leader by Thurs., April 17. Rain date is Sun., April 20.
April 22, Tuesday	Leader: Jo Koenig	432-4975	Walk in Roxbury area
April 29, Tuesday	Leader: Joe Hart	829-8358	Hike at Maple Valley, between Westford and Decatur
May 3-4, Sat. & Sun.	Leader: Ed Bugel.	432-6620	Canoe camp out in the southern Adirondacks. Exact area to be decided. Easy paddling, 5 miles max. Kids welcome. Call leader for further details and equipment list. Rated C.
May 6, Tuesday	Leader: Dave Truscott	746-2826	Hike in Delhi area Meet at Dave's house at 10 a.m.. Bring lunch.
May 13, Tuesday	Leader: Lucille Wiggin	432-1022	Hike to be announced Possible hike to Delaware Otsego Audubon Sanctuary
May 20, Tuesday	Leader: Rita Salo	432-3656	Hike Brookfield horse trails
May 21, Wednesday	Susquehanna Chapter meeting	7:30 p.m., Elm Park Methodist Church, 404 Chestnut Street, Oneonta	Tom Salo will present a talk and slide show on the New York State Breeding Bird Atlas, a five-year project initiated in 2000 to map the distribution of breeding birds in New York.
May 27, Tuesday	Leader: Irwin Goen	432-4861	Hike down Emmons Creek This hike may include wading; bring a hiking stick. No lunch. Meet at 420 Emmons Hill Road at 9:30 a.m.
June 3, Tuesday	Leaders: George Richards and Jane Ford-Richards	643-0123	Bird walk in Delhi area Bring binoculars and lunch.
June 7, Saturday	Leader: Ed Bugel	432-6620	Canoe day trip on the Bashen Kill in the Catskills. Easy paddling. Rated C.
June 10, Tuesday	Leaders: Joan and Bernie Levit	(518) 827-4337	Hike in Minekill area
June 14, Saturday	Leaders: Ernest and Heide Mahlke.	432-2583	Catskill Escarpment circular hike Leaving and returning to parking lot on Big Hollow Road near Windham. Going over Acra Point and Blackhead Mtn. Some steep pitches. Good views of the Hudson Valley. 6.2 miles. Rated B+. Call leader by Thurs. June 12.
June 17, Tuesday	Leader: Lucille Wiggin	432-1022	Hike to be announced
June 18, Wednesday	Annual Picnic at the beach shelter in Gilbert Lake State Park, Laurens	6:30 p.m.	Bring a dish to pass, eating utensils and a good appetite. Enter the park for free after 6 p.m., or at any time with a senior citizen in the car.
June 24, Tuesday	Leader: Barb Means	432-4903	Walk in woods across from Means' property Bring lunch to eat at the gazebo over the pond.

Foot-Loose!

Newsletter of the Susquehanna Chapter ADK

c/o Danny Birnbaum, Editor
5735 County Highway 10
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A subscription to this newsletter is included in membership of the Susquehanna Chapter of the Adirondack Mountain Club. It is available to the public and to non-chapter members for \$5 per year. Contact Rita Salo at 607 432-3656 for more information. Portions of this newsletter are also available online; go to www.adk.org then follow the links to our chapter.

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Chapter meetings are held the third Wednesday of every month at the Elm Park Methodist Church, 404 Chestnut Street, Oneonta (except where noted). Programs begin at 7:30 pm, followed by a short business meeting.

The public is invited.

Adirondack Mountain Club annual membership dues are \$45 for individuals and \$55 for families (other membership levels are available, including seniors and students). Benefits of membership include:

- discounts on ADK workshops and programs
- discounts on ADK merchandise
- invitations to member only outings and extended trips
- reduced rates at ADK facilities: lodges, leantos, cabins and campground
- 20% discount on ADK trail guides, canoe guides, maps, books and calendars
- a FREE ADK traveler's mug for new members
- membership in one of ADK's 26 chapters throughout the Northeast

For more information go to www.adk.org or call 800 395-8080